

24/07/2017 21/08/2017 18/09/2017	25/07/2017 22/08/2017 19/09/2017	26/07/2017 23/08/2017 20/09/2017	27/07/2017 24/08/2017 21/09/2017	28/07/2017 25/08/2017 22/09/2017	29/07/2017 26/08/2017 23/09/2017	30/07/2017 27/08/2017 24/09/2017
Monday Lunch	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch	Saturday Lunch	Sunday Lunch
Meat Meal	Meat Meal	Milk Meal	Meat Meal	Milk Meal	Meat Meal	Meat Meal
White Bean Soup or Orange Segments *** Fried Cod in Matzo Meal *** Pan Fried Potato and Cheese Burger with Onions *** Mashed Potatoes Chipped Potatoes Peas *** Cherry Sponge and Custard (Diabetics: Cake)	Sweetcorn Soup or Melon *** Braised Chicken Livers in Onion Gravy *** Stir Fry Veg with Quorn & Bean Sprouts *** Green Beans Mashed Potatoes Rice *** Summer Cream Compote with Pavev Cream (Pavev Cream not Suitable for Diabetics)	Vegetable Soup or Grapefruit (Not Suitable for Statins) *** Egg and Wurscht *** Artichoke Provencale *** Mashed Potatoes Chips Baked Beans *** Victoria Sponge Cake *** (Diabetics: Vanilla Sponge)	Mulligatawny Soup or Melon *** Lamb and Mint Klops *** Vegetable and Bean Pasties *** Mashed Potatoes Broccoli *** Apple Pie with Pavev Cream (Pavev Cream not Suitable for Diabetics)	Minestrone Soup or Melon Medley *** Pollack in a Lemon and Chive Sauce *** Roasted Butternut Squash Salad *** Mashed Potatoes Carrots *** Chocolate Brownie and Dairy Cream *** (Diabetic: Chocolate Cake)	Split Pea Soup or Grapefruit (Not Suitable for Statins) *** Selection of Cold Meats of Salt Beef, Turkey, Pastrami *** Pasta Shells in a Tomato and Olive Sauce *** Mashed Potatoes Tomato and Onion Salad Potato Salad *** Apple and Apricot Strudel (Suitable for Diabetics)	Parsnip and Thyme Soup or Melon *** Chicken Casserole *** Vegetable and Bean Casserole *** Mashed Potatoes Savoy Cabbage Parsley Boiled Potatoes *** Pineapple upside down cake with Pavev Cream *** (Diabetic: Pineapple with Fruit Coulis)
Tea or Coffee with Milk	Lemon Tea or Black Coffee	Lemon Tea or Black Coffee	Lemon Tea or Black Coffee	Tea or Coffee with Milk	Lemon Tea or Black Coffee	Lemon Tea or Black Coffee
Afternoon Teacake: Lemon Shortbread	Afternoon Teacake: Cinnamon Marble Cake	Afternoon Teacake: Scones with Jam & Cream	Afternoon Teacake: Coffee Cake	Afternoon Teacake: Bread Pudding	Afternoon Teacake: Cinnamon & Raisin Whirls	Afternoon Teacake: Assorted Cakes
Supper Milk Meal	Supper Milk Meal	Supper Milk Meal	Supper Milk Meal	Supper Meat Meal	Supper Milk Meal	Supper Milk Meal
Leek Soup *** Sandwiches *** Baked Aubergine with Tomato Sauce and Parmesan *** Dairy Ice Cream *** (Diabetic: Melon and Pineapple)	Tomato and Rice Soup *** Sandwiches *** Cheese Bourekkas (Spinach Bourekkas for Anne Dunne) *** Mixed Salad Tomato and Onion Salad *** Apricot Fool (Suitable for Diabetics)	Red Lentil Soup *** Sandwiches *** Vegetable Lasagne *** Garlic Bread Mixed leaf Salad with Dressing *** Mandarin Cheesecake (Suitable for Diabetics)	Sweet Potato Soup *** Sandwiches *** Tuna Nicoise Salad *** Raspberry Mousse (Suitable for Diabetics)	Chicken Soup with Kneidlach or Chopped Liver & Egg and Onion *** Roast Chicken with Gravy *** Stuffed Aubergines with Veg and Quorn *** Mashed Potatoes Roast Potatoes Green Beans Cauliflower *** Fruit Salad (Suitable for Diabetics)	Spinach Soup *** Sandwiches *** Fish Cakes with Dill Mayonnaise *** Mixed Leaf Salad Coleslaw *** Summer Berry Pavlova (Diabetics: Berry Fool)	Broccoli Soup *** Sandwiches *** Spaghetti Napolitano *** Cold Stewed Fruit with Dairy Cream *** (Diabetic: Fruit Salad)
Tea or Coffee with Milk	Tea or Coffee with Milk	Tea or Coffee with Milk	Tea or Coffee with Milk	Lemon Tea or Black Coffee	Tea or Coffee with Milk	Tea or Coffee with Milk